

## Certificate

## **Elisa Lomonte**

born on 13.09.1993 Participant ID: 26188



Mrs. Lomonte has successfully completed the state-certified and accredited distance learning course

## **Running Coach**

Meets DIN 33961 (Level 4)

with the grade of 1.0.

05.04.2022 to 10.03.2024 (128 hours)



**Contents:** Basics of running - Training running technique - Endurance training running - Common objectives and training plans - Everything about competition - Running and runners' health

Backnang, 19. March 2024

Melanie Straub Geschäftsführerin Simone Wenninger Leitung Pädagogik

**Steffen Lüdcke** Leitung Bildungsberatung Nadja Ritter Leitung Studienbetreuung